

# CERTIFICATE OF PARTICIPATION

This is to certify that

**hennie van heerden**

Has successfully participated & completed the  
**10km Cowhouse Spring Trail Run 2017**  
held at Cowhouse Market.

**TIME 01:06:40**

**PACE 06:39/km**  
**OVERALL 21 of 41**

**GENDER 10 of 21**  
**OPEN 5 of 11**

28 October 2017, Sat

Date



*BoutTime*

Signature

